

Center for Spiritual Living, Redding



Soul Connections Education Program 2017/2018 Course Catalog



CSLR COURSE CATALOG

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SECTION II – AUTHORIZATION TO TEACH CERTIFICATED COURSES

CERTIFICATED COURSES – Centers for Spiritual Living (CSL) uses the term *Certificated* as follows:

· A Certificated Course is designed to ensure that the universal principles, as written by Dr. Ernest Holmes and identified as Science of Mind® Principles, are made transparent to students so they understand and apply the principles and related practices in their daily lives. This curriculum is recognized by CSL. Certificated Courses are made available to anyone who is seeking spiritual growth. Additionally, hours accumulated while studying in any Certificated Course may be credited toward the requirements to enter the Professional Practitioner Studies Program in CSL.

· CSL Courses are not certificated nor accredited by any other agency. Therefore, the courses may not qualify for credit at any other establishment or educational institution.

NON-CERTIFICATED COURSES are other courses developed by ministers or practitioners of CSL and may also be offered by member communities. They are usually shorter in length than the Certificated Courses and some are designed to be used by groups within the community with or without an authorized professional leading.

AUTHORIZED PROFESSIONALS TO TEACH CERTIFICATED COURSES

· **CSL Ministers** licensed by CSL are authorized to teach Certificated Courses and the Professional Practitioner Studies Program within a member community of CSL.

· **Spiritual Practitioners** licensed by CSL may be authorized to teach Certificated Courses if so authorized by their Senior Minister of their member community, or their Regional Support Coordinator (RSC), the authorizing individual to sign off on the Registration Form.

· **Online Course Teachers** must be licensed as a Practitioner or Minister by CSL. Practitioners must be approved by their Senior Minister to teach online. In addition, CSL has a program to certify online teachers and it is highly recommended that all online teachers become certified with CSL. These individuals have demonstrated proven abilities to teach Science of Mind® courses and proven online course delivery skills.

· **Non-Certificated Course Teachers** may be any Spiritual Practitioner or individual whom the Senior Minister or Department of Education identifies as qualified.

Advanced Studies

Eastern Body, Western Mind - A fresh approach to the yoga-based Eastern chakra system, adapting it to the Western framework of Jungian psychology, somatic therapy, childhood developmental theory, and metaphysics.

Length of Course: 8 Weeks

Text: *Eastern Body, Western Mind* by Anodea Judith

Quimby: Mingling Minds - Some commentary on the philosophy and practice of Phineas Parkhurst Quimby.

Length of Course: 8 Weeks

Text: *Quimby: Mingling Minds* by Ervin Seale

The Yoga Sutras of Pantanjali - A complete manual for the study and practice of Raja Yoga, the path of concentration and meditation.

Length of Course: 8 Weeks

Text: *The Yoga Sutras* by Sri Swami Satchidananda



The Conscious Parent - Introduces an innovative parenting style that recognizes a child's potential to spark a deep soul-searching, leading to transformation in the parents as they see the child as whole and complete, understanding the requirements of various stages of development, and learning to connect to the child with presence and understanding.

Length of Course: 8 Weeks

Text: *The Conscious Parent: Transforming Ourselves, Empowering Our Children* by Shefali Tsabary

The Big Leap – Explore what is called the Upper Limit Problem, which may be blocking us from reaching our true potential and how to overcome it. Identify Upper Limit Behaviors, identify the Zone of Genius, and achieve more success in love, creativity, and money matters.

Length of Course: 8 Weeks

Text: *The Big Leap* by Gay Hendricks

Spiritual Partnerships - Explores spiritual partnership concept of equality for the purpose of spiritual growth. Learn the who, what, how and why of spiritual partnerships, review the nature of relationships and why they are an important part of life, and relate how person-to-person relationships are strongest when based on love.

Length of Course: 6 Weeks

Text: *Spiritual Partnership: The Journey to Authentic Power* by Gary Zukav

Joyful Release: A Method for Letting Go – Creating space for greater living by practicing hands-on decluttering methods.

Length of Course: 4 weeks

Text: *The Life-Changing Magic of Tidying Up* by Marie Kondo

Leadership

The Four Agreements - Based on ancient Toltec wisdom, The Four Agreements offer a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love.

Length of Course: 8 Weeks

Text: *The Four Agreements* by Don Miguel Ruiz

SECTION III - REGISTRATION POLICES AND PROCEDURES

Registration Requirements: All member communities authorized to teach Certificated Courses or the Professional Practitioner Studies Program are responsible for registering students and paying fees in order for the student(s) to receive credit and a certificate for that course. Any student who is auditing or reviewing to meet time requirements in order to continue taking coursework must also be registered.

It is important that **all** students be registered with the Department of Education of CSL when the coursework is completed. Students are to be encouraged to retain their certificate(s) and the member community is required to maintain records of the courses each student has taken.

A REGISTRATION FEE IS IN ADDITION TO THE CLASS FEE

Purpose of Registration Fees: The Registration Fee helps support the payment of salaries of our wonderful professional and administrative staff at CSL, as well as to reimburse CSL for the computer recording and tracking of each student in every course, printing and mailing costs of certificates and course development costs. The prompt registration and payment of fees for the students assists CSL in continuing to provide excellent educational support and curricula.

Class Registration Cost per Student: The standard price for registration of all certificated courses is \$45.00. The Registration Fee for the Practitioner I and Practitioner II courses are each \$100.00 per student per year.

Reviewing a course is for a student who is retaking the course when too much time has elapsed since they originally took the course, and they need the course as a pre-requisite for practitioner studies. The registration fee for reviewing is \$20.

Auditing a course is for a student who has previously taken the course but who does not need the course credit. There is no registration fee for auditing.

Submitting Student Registration: Within 60 days of completion of any Certificated Course, Practitioner I or Practitioner II courses, the member community must submit the Registration Form together with the full Registration Fee to CSL in Golden, CO.

SECTION IV - CERTIFICATED COURSE REQUIREMENTS for PROFESSIONAL PRACTITIONER STUDY

Note: SOM numbered courses were previously ICSL course numbers

- I. FOUNDATION LEVEL COURSEWORK – Choose 1 of the following as a prerequisite for the subsequent courses:**
- * New Foundations of the Science of Mind (A)
 - * Beyond Limits (A)
 - * The Spiritual Path (SOM® 101) **PLUS** Spiritual Mind Treatment (SOM® 102) (A)
- II. THE TEACHINGS OF ERNEST HOLMES – Choose 1 of the following:**
- * The Essential Ernest Holmes (A)
 - * Building a Healing Consciousness (SOM® 103) **PLUS** Principles of Successful Living (SOM® 104) (A)
- III. HISTORY/PHILOSOPHY COURSEWORK – Choose 1 of the following:**
- * Exploring Roots (A)
 - * From Whence We Came (A)
- IV. CONSCIOUSNESS COURSEWORK – Choose 2 or 3 among the following:**
- * The Edinburgh Lectures (C)
 - * Creative Process in the Individual (C)
 - * Treatment and Meditation: Spiritual Practices for Daily Living (A)
 - * Power of Your Word (B)
 - * Building a Healing Consciousness (B)
 - * Meditation is More Than You Think (B)
 - * Practical Mysticism (C)
 - * Self-Mastery: The Emergence of the True Self (B)
- V. ELECTIVES (If only 2 courses from Section IV are taken, can include 1 elective)**
- | | |
|---|---------------------------------------|
| * Bible History & Scholarship (C) | * Power of Decision (B) |
| * Metaphorical Approach to the Bible (C) | * Prosperity Plus I and II (B) |
| * Metaphysical Bible (C) | * Seven Spiritual Laws of Success (A) |
| * Igniting Your Life with Bible Wisdom (C) | * Shortcut to a Miracle (B) |
| * Emerson’s Essays (C) | * Spiritual Economics (C) |
| * Essential Emma Curtis Hopkins (C) | * Spiritual Fitness (A) |
| * Financial Freedom (B) | * Spiritual Laws (B) |
| * 5 Gifts for an Abundant Life (B) | * This Thing Called You (A) |
| * It’s All God (B) | * Treat Yourself to Life (A) |
| * Magic of the Soul (A) | * Visioning (B) |
| * Mind/Body Connection (B) | * What the Mystics Knew (B) |
| * Myth & Spirit (C) | |

SECTION VI – DESCRIPTION OF OTHER NON-CERTIFICATED COURSES

Spiritual Growth and Development

The Ideal Made Real – A study of the writings of Christian D. Larson and looking at his influence on the work of Ernest Holmes, and how to put New Thought teachings to practical use.

Length of Course: 8 Weeks

Text: *The Optimist Creed* by Christian D. Larson

Mastery of Self – Find the Master that exists within each one, develop a contemplative meditation practice, re-write subconscious programming, and become familiar with the work of Christian D. Larson.

Length of Course: 10 Weeks

Text: *The Optimist Creed* by Christian D. Larson

The Philosophy of Ernest Holmes (Audio) – An audio book study group on the first four chapters of *Science of Mind* shared on audio CD followed by questions and discussion, to deepen an understanding of Science of Mind® principles, increase familiarity with and understanding of Ernest Holmes’ synthesis of age-old philosophies of universal truths.

Length of Course: 4 Weeks

Text: None required

Spirituality’s Practical Applications

Gratefulness: The Heart of Prayer - A monk reflects on the many aspects of the spiritual life with the basic attitude of gratefulness.

Length of Course: 8 Weeks

Text: Gratefulness: *The Heart of Prayer* by David Stienl-Rast

Metaphysical Prosperity Programs

Length of Course: 8 Weeks

Text: Various Handouts

Grief Recovery - Provides opportunities for group members to provide support and assist each other in dealing with loss with the objectives of staying open to grief, sharing with others, and moving through recovery to completion.

Length of Course: 8 Weeks

Text: *Grief Recovery: The Action Program for Moving Beyond Death, Divorce, and Other Losses* by John W. James and Russell Friedman

Writing Down Your Soul – Using a four step approach to writing as you listen to your inner wisdom.

Length of Course: 6 Weeks

Text: *Writing Down Your Soul* by Janet Conner

Treat Yourself to Life (A)

"Treat Yourself to Life" is a powerful eight-week class based on the book by the same title by Raymond Charles Barker. Students experience the joy of harnessing the Power for Good in the Universe by learning to use affirmative prayer effectively and with purpose. Positive, practical tools are given to change unwanted patterns and bring greater good into the basic areas of living: Health, Prosperity, Relationships, and Creative Expression.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Treat Yourself to Life* by Raymond Charles Barker
The Treat Yourself to Life Workbook

Visioning (B)

This course is a walk through the powerful tool of Visioning. It includes the history of how visioning began in our movement with the inspiration of Dr. Michael Beckwith, offers weekly opportunities for visioning at different levels from the individual to the community to the global and explains the role of visioning in our Global Heart Model. Released in 2007.

Length of Course: 8 Weeks

Certification Hours: 24

Textbooks: The Visioning Student Workbook

What the Mystics Knew (B)

The primary focus of this class is on deepening the student's actual experience of the timeless and eternal nature of Spirit, using the writings of Ernest Holmes throughout Part IV of his classic book.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *The Science of Mind* by Ernest Holmes



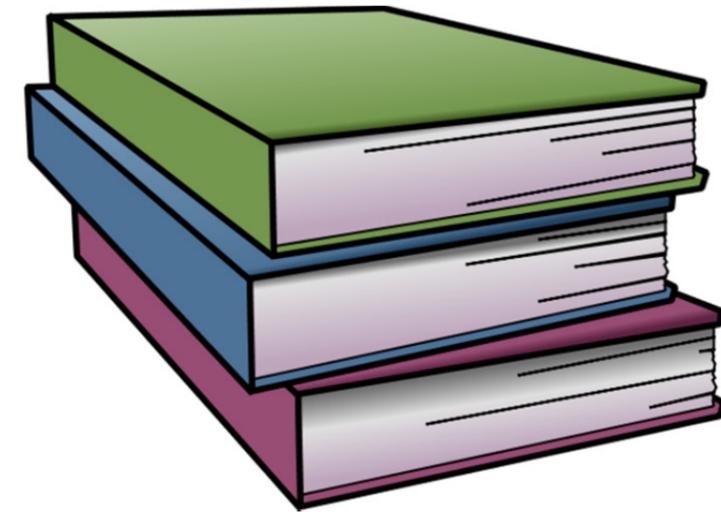
Information for those considering Practitioner studies:

Time Requirement to Enter Professional Practitioner Studies: Students are eligible to enter the Practitioner Program only after completing a minimum of 6 courses of study in the above required courses. All certificated courses must be completed within the preceding five years of enrolling in Practitioner Studies. If more than five years have elapsed, that course must be retaken. For example, if more than five years have elapsed since taking Foundations, the course must be retaken. No certificated course older than five years will be counted as meeting any requirement for entering Practitioner Studies.

Time Requirement during the Practitioner Training: The Practitioner I certificate is valid for three (3) years from the date of course completion for entry into Practitioner II. If more than 3 years elapse between Practitioner I and II, Practitioner I must be repeated.

Practitioner Licensing: The Practitioner II certificate is valid for two (2) years from the date of course completion for applying for licensing.

- If more than two (2) years have elapsed since completion of Practitioner II, the student must retake Practitioner II before reapplying for licensing.
- If more than five (5) years have elapsed since completion of Practitioner I or II the student must retake the Foundations Course and Practitioner I and/or II before initiating the licensing process.



SECTION V – DESCRIPTION OF CERTIFICATED COURSES

I. FOUNDATION LEVEL COURSES – Choose 1 of the following.

The Spiritual Path (A) plus Spiritual Mind Treatment: The Nature of Effective Prayer (A)

These two (2) former ICSL courses have been combined to become one (1) introductory course using *The Science of Mind*.

Length of Course: 16 weeks total

Certification Hours: 40 total

Textbooks: *The Science of Mind* by Ernest Holmes

How to Speak Religious Science by Dennis Merritt Jones

The Spiritual Path Workbook

New Foundations of the Science of Mind (A)

This is a revision and widely updated new version of the Foundational Course. It presents a new spiritual principle each week and a spiritual practice to support that principle. The Creative Process is introduced at the beginning of the class and then flows through each week, so that the student has the opportunity to see and use the Creative Process at work in each spiritual principle. Each week also features the writing of one of our elders as well as one of our contemporaries on the subject at hand. These include Dr. William Hornaday, Dr. Frank Richelieu, Terry Cole Whittaker, Dr. Jesse Jennings, Dr. Kathy Hearn, Dr. Linda McNamar, and many more. Released in 2007

Length of Course: 10 weeks

Certification Hours: 30

Textbooks: *The Science of Mind* by Ernest Holmes

The Foundations Workbook

Beyond Limits (A)

This course is the dynamic new course that has been successful at Mile Hi Church. It takes the foundational principles and offers them in a new format for beginning students and those unfamiliar with Science of Mind. Topics include Oneness, spiritual mind treatment, the reciprocal universe, the Creative Process, hidden beliefs, and other essential principles. It also offers new wording and ideas for presenting our basic ideas in new ways. This course includes a beautiful PowerPoint presentation that the instructor can use to guide the students through each class presentation. Released in 2007

Length of Course: 10 Weeks

Certification Hours: 30

Textbooks: *How to Change Your Life* by Ernest Holmes

Creative Ideas: A Spiritual Compass for Personal Experience by Ernest Holmes

The Beyond Limits Workbook

Spiritual Economics (C)

Focusing on prosperity issues, the student of this class will gain a greater understanding of the basic metaphysical principles which govern our financial well-being. Participants will learn how to use these principles effectively in everyday life. This is a sensible, solution-oriented class and is appropriate for the new or advanced student.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Spiritual Economics* by Eric Butterworth

Spiritual Fitness (A)

Spiritual fitness is a lifestyle and an attitude that can help you rediscover the real meaning and sacredness of your life. Like physical fitness, it is not a one-time experience; it needs your ongoing commitment. To stay spiritually fit means living in truth and trust, i.e., being yourself at the deepest level in everything you do and bringing all of you to your life experiences. It also means trusting that there is a greater power constantly guiding you and inviting you, through your life experiences, to live more openly and lovingly. When we trust, we start to make our choices and decisions from a place of love and courage instead of from fear. This in turn gives us clarity and strength.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Spiritual Fitness* by Caroline Reynolds

Spiritual Laws (B)

This is a practical class which empowers the student to develop positive thinking skills. This classic text provides lucid explanations of exactly how spiritual laws operate in our lives. These laws are utterly reliable, and this class shows the student how to use this knowledge to benefit every area of living.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Working with the Law* by Raymond Holliwell

This Thing Called You (A)

This class was created to deepen the student's understanding that he or she is an individualized expression of God. Topics of exploration include: co-creation, the power of belief, your inner authority, and how to increase your faith. This is excellent for new students and as a refresher course for more experienced students.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *This Thing Called You* by Ernest Holmes

Myth & Spirit (C)

Joseph Campbell was perhaps the greatest thinker of the 20th Century. His writings cover a vast range of spirituality, culture, and human mythology. His presence, which most people only experience through the wonderful Power of Myth video series, was transcendent. This course takes an overview of Campbell's work, helping the novice and scholar alike make sense of his or her own personal myth.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Reflections on the Art of Living – A Joseph Campbell Companion* by Diane K. Osbon

Power of Decision (B)

This class is designed to empower students to reach independent decisions, which enhance the quality of their lives. Based on the powerful metaphysical classic, this course is valuable for both the new and experienced student.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *The Power of Decision* by Raymond Charles Barker

The Seven Spiritual Laws of Success (A)

This course is designed to present the key concepts of *The Seven Spiritual Laws of Success* by Deepak Chopra, M.D. and to provide tools to assist in understanding our true nature in relationship to these laws. Each class in the course curriculum begins with viewing a section of *The Seven Spiritual Laws of Success* video showing Dr. Chopra presenting these laws to a live audience.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *The Seven Spiritual Laws of Success* by Deepak Chopra

Shortcut to a Miracle: How to Change Your Consciousness & Transform Your Life (B)

This course presents basic Science of Mind® principles in the light of modern quantum physics, with special emphasis on the Co-creative Process and Law of Belief, the Law of Expectancy and the Law of Attraction. Students learn how to develop a “miracle-making attitude” and how to use Spiritual Mind Treatment to “make miracles” of their own choosing in Health, Success, Prosperity, and Relationships. Complete with class exercises.

NOTE: Before embarking upon this class, please contact Rev. Arrott at revarrott@aol.com for special fees/costs associated with this class.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Shortcut to a Miracle, How to Change Your Consciousness and Transform Your Life* by Michael C. Rann and Elizabeth Rann Arrott (2005)

Companion Workbook and comprehensive Teaching Manual are available by Email or CD – at revarrott@aol.com

II. THE TEACHINGS OF ERNEST HOLMES – Choose 1 of the following.

The Essential Ernest Holmes (A)

This course is a loving tribute to Dr. Ernest Holmes and all of the wisdom he brought to our world. The course is based upon *What We Believe*. Each week the student has the opportunity to examine each of the ideas contained in it and uncover ways to make the power of this teaching come alive in her/his life. Each week has a meditation on Light that takes the student progressively deeper and deeper into the Light to find Inner Truth.

Released in 2007

Length of Course: 10 Weeks

Certification Hours: 30

Textbooks: *The Essential Ernest Holmes* by Jesse Jennings

The Science of Mind by Ernest Holmes

The Essential Holmes Workbook and Handouts

These two (2) former ICSL courses have been combined to become one (1) introductory course using *The Science of Mind*.

Building a Healing Consciousness (A) and Principles of Successful Living (A)

This course uses *The Science of Mind* to deepen the student's basic understanding of this teaching. It logically follows the courses, SOM® 101 and SOM® 102.

Length of Course: 16 Weeks

Certification Hours: 40

SOM 103 Textbooks: *The Science of Mind* by Ernest Holmes

The Joy of Meditation by Jack and Cornelia Addington

The Building a Healing Consciousness Study Guide

SOM 104 is designed to give the student a greater understanding of his or her place in the Spiritual System, and the part that consciousness plays in demonstrating greater good. On a very practical basis, this course offers the opportunity to set an intention for concrete demonstration of good, and to study the tools for achieving this demonstration. Emphasis is given to use of the Law of Mental Equivalents, Spiritual Mind Treatment, and the qualities of living a spiritual life. Worksheets and a fun “Oneness Game” make the course interactive and personally relevant.

SOM 104 Textbooks: *The Science of Mind* by Ernest Holmes

The Joy of Meditation by Jack and Cornelia Addington

The Principles of Successful Living Workbook

III. HISTORY/PHILOSOPHY COURSEWORK – Choose 1 of the following.

Exploring Roots (A)

This course provides the student with an understanding of the historical roots in America of Ernest Holmes' philosophy. Specific emphasis is given to the works of Thomas Troward, Emma Curtis Hopkins, and Ralph Waldo Emerson.

Length of Course: 10 Weeks

Certification Hours: 30

Textbooks: *The Science of Mind* by Ernest Holmes
Emerson's Essays by Ralph Waldo Emerson
The Edinburgh Lectures on Mental Science by Thomas Troward
Scientific Christian Mental Practice by Emma Curtis Hopkins
The Exploring Roots Workbook

From Whence We Came (A)

If you like history, then *From Whence We Came* is a course you will find most interesting. You won't have to memorize dates or place names. The history is one of *ideas* which converged in American culture to become what we now know as Religious Science and the larger New Thought movement. These ideas originally arose before recorded history, but were rediscovered in the 19th century by some notable people whose works are read and discussed in this course. These great luminaries of New Thought were the first to frame them in words and make them accessible to the general public.

Released in 2012

Length of Course: 10 Weeks

Certification Hours: 30

Text: *Emerson's Essays* by Ralph Waldo Emerson
The Philosophy of Ernest Holmes by Ernest Holmes
Scientific Christian Mental Practice by Emma Curtis Hopkins
The Edinburgh and Dore Lectures on Mental Science by Thomas Troward
From Whence We Came Workbook



It's All God (B)

In his book, *It's All God*, Walter Starcke has managed to take one of metaphysics greatest truths and put it into a form and flow of words, which is easy to grasp. Starcke has done a masterful job of clarifying the necessity of finding a realistic balance between living in the Absolute and the Relative world: It's not a matter of "one or the other", but rather, discovering the key to doing both at the same time. His concept of the Double Thread is the key element.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *It's All God* by Walter Starcke
The Science of Mind by Ernest Holmes

Magic of the Soul (A)

Combining the integrative principles and techniques from spiritual psychology with the power of the Science of Mind® teaching, *Magic of the Soul* offers a dynamic training opportunity for students. It answers questions like, "Why haven't I completely healed, even though I have been using spiritual mind treatment for years? How do we deal with fear that comes up before and after treatments? How can we embrace our shadow while affirming our divinity?" *Magic of the Soul* asks students to affirm and experience their inner divinity and at the same time honor their humanness and appreciate the beauty of who they are in the here and now, on their path to higher and higher expressions of divine nature. The most common theme throughout the text is to look for the magic, the opportunity for growth, and the sacredness in every situation in life, especially the challenging ones.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Magic of the Soul* by Patrick J. Harbula
The Magic of the Soul Workbook

Mind/Body Connection (B)

This course is designed to give the student a greater understanding of the mind/body connection, and the important role consciousness plays in the healing process. This course is a clear, step-by-step process that begins with Principle, deals with the emotional issues surrounding the body, gives emphasis to effective prayer, unlearning old concepts of duality and disease, and even addresses practical considerations of the student in locating health professionals who support his/her belief system. This course is ideal for the beginner or the advanced student who desires a deeper understanding of physical healing.

Length of Course: 8 Weeks

Certification Hours: 24

Textbooks: *The Science of Mind* by Ernest Holmes
Healing Words by Larry Dossey

Emerson's Essays (C)

Ralph Waldo Emerson has been the most quoted, most inspirational writer in America for over one hundred years. The American voice in *Self-Reliance* and *The Oversoul* has influenced the New Thought movement profoundly. Emerson is quoted by all the great metaphysical writers, and he was the first to break through traditional Christianity in such a way as to inspire multitudes to higher thought.

Background information on Emerson's times and his fellow members of the Transcendentalist circle is covered. They include Bronson Alcott, Margaret Fuller, Henry David Thoreau, and Walt Whitman.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Emerson's Essays* by Ralph Waldo Emerson

Essential Emma Curtis Hopkins (C)

Emma Curtis Hopkins' course is designed to move the committed student from "zero to healer" in twelve lessons. *Unveiling Your Hidden Power: THE WORKBOOK* and *THE TEXT* include a "translated" text of her 12 lessons into modern language, along with daily practices. *Unveiling Your Hidden Power: TEACHERS MANUAL* also includes guidelines for setting up and facilitating a series of classes.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Unveiling Your Hidden Power* text and workbook by Ruth Miller

Financial Freedom (B)

The Principles of Financial Freedom is a recently updated course of metaphysical instruction that utilizes money as a tool for engaging in a program of deep inner healing. It incorporates leading edge technologies in 'whole brain' and 'whole body' learning that make these highly effective materials very user friendly. The course specifically teaches students to duplicate the nature of Spirit in their 'financial affairs' by developing new

attitudes and beliefs about money that are in alignment with Principles of Spiritual Truth. At the same time, weekly healing segments assist the students in developing the awareness necessary to release self-defeating patterns of behavior based on old 'error beliefs' about their money and their lives.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Financial Freedom* - Student Workbook and Instructor's Guide are available by contacting the following: Rev. Lloyd Strom at NovaTech@SacredDays.org 415-892-4108

5 Gifts for an Abundant Life (B)

This course is designed to empower the participants by teaching them how to BE a Consciousness of Wealth. This course is presented as an opening to a rich, rewarding transformative experience. Released in 2009.

Length of Course: 8 Weeks

Certification Hours: 24

Textbooks: *5 Gifts for an Abundant Life* by Diane Harmony
The 5 Gifts Workbook

IV. CONSCIOUSNESS COURSEWORK – Choose 3 of the following.

The Edinburgh Lectures (C)

Based on the classic lecture series, The Edinburgh Lectures have inspired nearly every other early New Thought writer. Judge, Thomas Troward delivered these lectures in Scotland in 1904, and they have served as the touchstone for metaphysical thinking to this day. Troward's mind is logical, brilliant, and extremely precise. This class is excellent for the serious student of New Thought.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *The Edinburgh Lectures* by Thomas Troward

Creative Process in the Individual (C)

This class is based on the book of the same name which explains the nature of creative action, beginning with the formation of the universe and ending with a vista of infinite possibilities attainable by the individual. Troward argues from basic principles we all understand, and shows how these principles may be carried into the future. He relies on the maxim that "Principle is not bound by precedent," and by the premise that we are not

only able, but also required, by the law of our own being, to take a more active part in our personal evolution than has ever occurred in the past.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Creative Process in the Individual* by Thomas Troward

Treatment and Meditation: Spiritual Practices for Daily Living (A)

This course focuses on the student developing lifetime habits of meditation and Spiritual Mind Treatment. Spiritual Mind Treatment for oneself is reviewed and strengthened, and then students advance to treating for other people. Student Workbook in Spanish: \$30.00

Length of Course: 10 Weeks

Certification Hours: 30

Textbooks: *Journey of Awakening* - Ram Dass

Can We Talk To God? - Ernest Holmes

The Treatment and Meditation Workbook

Power of Your Word (B)

This is an amazing course on the power of Spiritual Mind Treatment. Each week is a thoughtful approach to the deeper understandings of prayer: How does the nature of God and man create prayer, the impact of creative law and beliefs, what to pray for, affirmative treatment, and the state of continuous prayer. Each week has experiential exercises to give these ideas a reality for the student. Released in 2007.

Length of Course: 8 Weeks

Certification Hours: 24

Textbooks: *How to Use the Science of Mind* by Ernest Holmes

Can We Talk to God? by Ernest Holmes

The Power of Your Word Workbook

Meditation is More Than You Think (B)

This is an introductory meditation course that begins with the beginner and moves step by step through the powerful tool of meditation in many different modalities. Topics include meditation with light, mantras, sound, movement, breathing, and more. Each week is very experiential with various forms of meditation that the student can then take with them for a richer practice at home. Released in 2007.

Length of Course: 8 Weeks

Certification Hours: 24

Textbooks: *An Easy Guide to Meditation* by Roy Eugene Davis AND one of the following:
How to Meditate by Lawrence LeShan or
Journey of Awakening by Ram Dass
The Meditation is More Than You Think Workbook

Self-Mastery: The Emergence of the True Self (B)

The Self Mastery Course focuses on healing the perceived separation between personality and Spirit. Through an active exploration of the creative nature of thoughts and feelings, beliefs and emotions, the students have an opportunity to gain mastery in the art of living as conscious, intentional beings.

Length of Course: 8 Weeks

Certification Hours: 24

Textbooks: *The Science of Mind* by Ernest Holmes
Living the Science of Mind by Ernest Holmes
The Self-Mastery Workbook

Practical Mysticism (C)

This course is an exploration of mysticism, what it is and what it is not. It provides the framework for the student to live a more mystical life in present time. Each student sets a personal intention for his or her life. Emphasis is given to the practice of meditation and the practice of witnessing consciousness. This course is ideal for anyone seeking to deepen his or her own awareness of the Divine reality in daily living. Updated December 2008.

Length of Course: 10 Weeks

Certification Hours: 30

Textbooks: *The Foundations of Mysticism* by Joel Goldsmith
Entering the Castle: Finding the Inner Path to God and Your Soul's Purpose by Caroline Myss
The Practical Mysticism Workbook



V. ELECTIVES

Bible History & Scholarship (C)

This class examines the history and the many misconceptions of the most published book of all time, with special attention to the fallacies of fundamentalist interpretation. The course looks at the most recent advances in Bible scholarship, including the discovery of the Nag Hammadi texts [Gnostic in origin] and the *Dead Sea Scrolls*. The class is an excellent background course for the New Thought student who wants to know more about the Bible.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Rescuing the Bible from Fundamentalism* by John Shelby Spong
The Bible (King James Version)

Metaphorical Approach to the Bible (C)

This class provides a look at the Bible as story and Bible as myth. Drawing from sources as diverse as Clarissa Pinkola Estes, Aesop, Joseph Campbell, and Jelaluddin Rumi, this course looks at the many life stories in the Bible where we play every character. Students will learn powerful and effective tools for translation and interpretation of these stories.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *Revised English Bible*
The Science of Mind by Ernest Holmes

Metaphysical Bible (C)

Many students of New Thought are familiar with Rocco Errico and his translations of the Bible. This course looks at the metaphysical meanings of the parables and familiar stories you remember from childhood.

Length of Course: 8 Weeks

Certification Hours: 24

Text: *The Bible* (King James Version)
Metaphysical Bible Dictionary by Charles Fillmore
Ten Words That Will Change Your Life by Ervin Seale

Igniting Your Life with Bible Wisdom (C)

Jesus used short stories called parables to convey profound spiritual truths. The parables charge our spiritual journey with energy and our soul with light. During this course, students are introduced to ways to interpret stories from the Hebrew Bible, as a foundation for understanding the teachings of Jesus. Students become familiar with the power of the parable stories as inspiration for transforming the soul. Students bring the ancient parables to life, and relate them to the challenges of today's world as they engage in discussions, role-playing, and problem-solving exercises, as well as creative arts expressions. Students may be beginners in exploring the arts as tools for contemplation and meditation.

Length of Course: 10 Weeks

Certification Hours: 30

Textbooks: *Learn to Live* by Ervin Seale
Holy Bible by George Lamsa and/or *The Igniting Your Life Workbook*