

THE TAO OF WATERCOLOR

A Beginner's Class in Watercolor Painting: Session I

With Sharion Windom



This course is an introduction for students new to watercolor painting and as a review for others. The curriculum will include guidelines for choosing and the use of materials; pigment colors and characteristics; setting up a palette; practice of basic application and developing painting skills. Classroom painting studies will be undertaken in florals, still life and landscapes. This course invites you to come and discover the unique creativity inherent within you, where there is no judgement, only delight in the discovery of Self in this approach to painting. All while applying five essentials of the ancient, philosophical framework of the *Tao Te Ching*: centering, deliberateness, playfulness, balance and flow. A guide for student materials can be obtained at the time of registration. A thorough review of materials will be covered in first class. Purchasing supplies early is advantages as local supplies are limited and may need to be ordered. Please contact the instructor if you need guidance when purchasing supplies before class begins at shariwindom@yahoo.com.

Mondays, July 10 - August 14, 2017
9:30 AM - 12:00 PM, in Social Hall
\$135 per Person + Cost of Art Supplies

To Register or for More Information, Please Contact:
Center for Spiritual Living, Redding
1905 Hartnell Avenue * Redding, CA 96002
530-221-4849 or visit www.cslredding.org