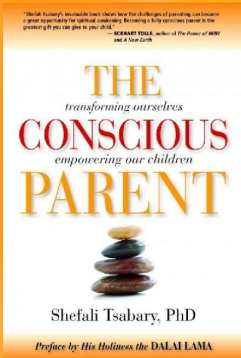


# THE CONSCIOUS PARENT: TRANSFORMING OURSELVES, EMPOWERING OUR CHILDREN

## Non-Certificated Class With Diana Johnson, RScP



Join Diana Johnson for an informative and transformative journey through parenthood. Make parenting a Spiritual Practice! Using Shefali Tsabary's book by the same title, this class offers an in-depth look at an innovative parenting style that recognizes the child's potential to spark a deep soul-searching, leading to a transformation in parents, which cannot help but transform the entire family experience. Once parents are learning alongside their children, power, control and dominance become archaic language. Instead, mutual kinship and spiritual partnership are the focus of the parent-child journey. This conscious approach to parenting allows children to serve as mirrors of the parent's forgotten self. Once a parent finds her/his way back to her/his essence, both parent and child awaken to the ability to relate in a state of presence. Feel free to contact Diana Johnson by e-mail at [barefootangel1@gmail.com](mailto:barefootangel1@gmail.com) or by phone at 356-1227 for more information.

**TUESDAYS, June 27 to August 15, 2017**  
**6:30 to 9:00 PM, in the Sanctuary**  
**\$80.00 per Person or \$125.00 per Couple**

To Register or for More Information, Please Contact:  
**Center for Spiritual Living, Redding**  
1905 Hartnell Avenue \* Redding, CA 96002  
530-221-4849 or visit [www.cslredding.org](http://www.cslredding.org)