

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>JUNE 2017</h1>				1 Practitioner Unit I, Part 3, 4 to 7 PM Meditation, 6:30 to 8 PM	2 <u>Office/Bookstore Closed</u>	3
4 Meditation, 8:30 to 8:45 AM Sunday Services, 9 and 10:30 AM—Rev. Mary Mitchell Speaking Guest Musician Performs, 10:30 AM Teen Group, 1 to 3 PM	5 Guided Prayer Circle, 10:30 AM to Noon Tai Chi, 11 AM to Noon <i>A Course in Miracles Drop-in Discussion Group, Noon to 2 PM</i> Hatha Yoga, 5:30 to 6:45 PM	6 <u>"Writing Down Your Soul" Class Begins, 10 AM to Noon</u> Ministers' Meeting, Noon to 2 PM Staff Meeting, 2 to 4 PM "Free at Last" A. A. Group Meeting, 5:30 to 6:30 PM <u>"Joyful Release: A Method for Letting Go" Class Begins, 6:30 to 8 PM</u> Prayers & Meditations of Yogananda, 7 to 8 PM	7 Tai Chi, 9 to 10 AM Tao of Watercolor: Painting Water, 10:00 AM to 12:30 PM <u>OR</u> 2:00 to 4:30 PM Ideal Made Real: Destiny of Man, 10:30 AM to 1 PM Seated Tai Chi, 10:30 to 11:30 AM Hatha Yoga, 5:30 to 6:30 PM River Oak Sangha, 6:30 to 8 PM Practitioner Unit II, Part 3, 6:30 to 9:30 PM	8 Chair Yoga, 11 AM to 12:30 PM Practitioner Unit I, Part 3, 4 to 7 PM Meditation, 6:30 to 8 PM	9 <u>Office/Bookstore Closed</u> Chair Yoga, 11 AM to 12:30 PM	10 <u>Landscape Seva (Care) Day, 8:30 AM to Noon</u>
11 Meditation, 8:30 to 8:45 AM Sunday Services, 9 and 10:30 AM—Rev. Sue MillerBorn Speaking <u>Welcome New Members, 10:30 AM</u> Holly Day Performs, 10:30 AM Practitioners' Meeting, 12:30 to 2:30 PM <u>SOAR Group Meeting, 12:30 PM</u> Teen Group, 1 to 3 PM Young Adults Group, 4:30 to 7:30 PM	12 Guided Prayer Circle, 10:30 AM to Noon Tai Chi, 11 AM to Noon <i>A Course in Miracles Drop-in Discussion Group, Noon to 2 PM</i> Hatha Yoga, 5:30 to 6:45 PM <u>Men's and Women's Groups, 7 to 8:30 PM</u>	13 Writing Down Your Soul, 10 AM to Noon Ministers' Meeting, Noon to 2 PM Staff Meeting, 2 to 4 PM "Free at Last" A. A. Group Meeting, 5:30 to 6:30 PM Joyful Release: A Method for Letting Go, 6:30 to 8 PM	14 Tai Chi, 9 to 10 AM Tao of Watercolor: Painting Water, 10:00 AM to 12:30 PM <u>OR</u> 2:00 to 4:30 PM Ideal Made Real: Destiny of Man, 10:30 AM to 1 PM Seated Tai Chi, 10:30 to 11:30 AM Hatha Yoga, 5:30 to 6:45 PM River Oak Sangha, 6:30 to 8 PM	15 Chair Yoga, 11 AM to 12:30 PM Meditation, 6:30 to 8 PM	16 <u>Office/Bookstore Closed</u> Chair Yoga, 11 AM to 12:30 PM	17 <u>S.O.A.R. to Joss House and Chagddud Gonpa Buddhist Retreat Center, Time TBA</u>
18 Meditation, 8:30 to 8:45 AM Sunday Services, 9 and 10:30 AM—Rev. Mary Mitchell Speaking Guest Musician Performs, 10:30 AM Children's Church Teachers Meeting, Noon to 1 PM Teen Group, 1 to 3 PM	19 Guided Prayer Circle, 10:30 AM to Noon Tai Chi, 11 AM to Noon <i>A Course in Miracles Drop-in Discussion Group, Noon to 2 PM</i> Hatha Yoga, 5:30 to 6:45 PM <u>The Sacred Drum Circle, 7:15 to 8:15 PM</u>	20 Writing Down Your Soul, 10 AM to Noon Ministers' Meeting, Noon to 2 PM Staff Meeting, 2 to 4 PM "Free at Last" A. A. Group Meeting, 5:30 to 6:30 PM Joyful Release: A Method for Letting Go, 6:30 to 8 PM Prayers & Meditations of Yogananda, 7 to 8 PM	21 Tai Chi, 9 to 10 AM Tao of Watercolor: Painting Water, 10:00 AM to 12:30 PM <u>OR</u> 2:00 to 4:30 PM Seated Tai Chi, 10:30 to 11:30 AM Ideal Made Real: Destiny of Man, 10:30 AM to 1 PM Hatha Yoga, 5:30 to 6:45 PM River Oak Sangha, 6:30 to 8 PM <u>"Spiritual Partnership" Class Begins, 7 to 8:30 PM</u>	22 Chair Yoga, 11 AM to 12:30 PM Meditation, 6:30 to 8 PM	23 <u>Office/Bookstore Closed</u> Chair Yoga, 11 AM to 12:30 PM	24
25 Meditation, 8:30 to 8:45 AM Sunday Services, 9 and 10:30 AM—Rev. Sue MillerBorn Speaking Guest Musician Performs, 10:30 AM Teen Group, 1 to 3 PM Young Adults Group, 4:30 to 7:30 PM	26 Guided Prayer Circle, 10:30 AM to Noon Tai Chi, 11 AM to Noon <i>A Course in Miracles Drop-in Discussion Group, Noon to 2 PM</i> Board of Trustees Meeting, 5:15 PM Hatha Yoga, 5:30 to 6:45 PM <u>Men's Group, 7 to 8:30 PM</u>	27 Writing Down Your Soul, 10 AM to Noon Ministers' Meeting, Noon to 2 PM Staff Meeting, 2 to 4 PM <u>"The Big Leap" Class Begins, 2:30 to 5 PM</u> "Free at Last" A. A. Group Meeting, 5:30 to 6:30 PM Joyful Release: A Method for Letting Go, 6:30 to 8 PM <u>"The Conscious Parent" Class Begins, 6:30 to 9 PM</u>	28 Tai Chi, 9 to 10 AM Tao of Watercolor: Painting Water, 10:00 AM to 12:30 PM <u>OR</u> 2:00 to 4:30 PM Seated Tai Chi, 10:30 to 11:30 AM Ideal Made Real: Destiny of Man, 10:30 AM to 1 PM Hatha Yoga, 5:30 to 6:45 PM River Oak Sangha, 6:30 to 8 PM Spiritual Partnership, 7 to 8:30 PM <u>"Soul Session" Interactive Services Begin, 7:30 to 9 PM</u>	29 Awareness Newsletter Folded, 9 to 11 AM Chair Yoga, 11 AM to 12:30 PM Meditation, 6:30 to 8 PM	30 <u>Office/Bookstore Closed</u> Chair Yoga, 11 AM to 12:30 PM	



Center Groups

“SOURCE” YOUTH (TEENS) GROUP

Meets every Sunday from 1:00 to 3:00 PM in the Sanctuary. Each 2nd Sunday the group meets from 10:00 AM to 12:30 PM to greet/usher at the 10:30 AM Service and host the Social Hall. For more information, please call James Massengale at 209-988-2829.

YOUNG ADULTS GROUP

Meets 2nd and 4th Sunday of each month from 4:30 to 6:30 PM in the in the Pavilion then from 6:30 to 7:30 PM in the Social Hall. Each 5th Sunday the group meets from 10:00 AM to 12:30 PM to greet/usher at the 10:30 AM Service and host the Social Hall. For more information, please call Diana Johnson at 356-1227.

A GUIDED PRAYER CIRCLE

Meets every Monday from 10:30 AM to Noon in the in the Pavilion. For more information, please call Diana Johnson at 356-1227.

“A COURSE IN MIRACLES” DROP-IN DISCUSSION GROUP

Meets every Monday from Noon to 2:00 PM in the Social Hall. For more information, please call Rev. Daphne Blunck at 650-533-8223.

MEN’S GROUP

Meets the 2nd and 4th Monday of each month from 7:00 to 8:30 PM in the Sanctuary. For more information, please call Roy Woolfstead at 246-1017.

SACRED SISTERS WOMEN’S GROUP

Meets the 2nd Monday of each month from September through June from 7:00 to 8:30 PM in the Social Hall. For more information, please call Rev. Sue MillerBorn at 221-7350.

HEARTSANGHA CHOIR

Meets every Thursday from mid August through mid-May from 6:30 to 9:00 PM in the Sanctuary. The choir usually performs at the 10:30 AM service twice each month and hosts the Social Hall on the 3rd Sunday of each month. For more information, please call Dalton Fitzgerald at 524-3124.

LANDSCAPE SEVA/CARE DAY

Usually meets on the 2nd Saturday of each month from 8:30 AM to Noon. For more information, please call Diana Woolfstead at 246-1017 or Charlie Born at 221-7350.

Meditation & Yoga

SUNDAY MORNING MEDITATION meets every Sunday from 8:30 to 8:45 AM in the Meditation Pavilion. For more information, please call the Center office at 530-221-4849.

TAI CHI meets every Monday from 11 AM to 12 Noon and every Wednesday from 9 to 10 AM and **SEATED TAI CHI** meets every Wednesday from 10:30 to 11:30 AM (unless otherwise stated) all in the Sanctuary. For more information, please call Chris Netto at 469-964-9369.

HATHA (POSTURES) YOGA meets every Monday and Wednesday from 5:30 to 6:45 PM in the Sanctuary. For more information, please call Rev. Sue MillerBorn at 530-221-7350.

PRAYERS and MEDITATIONS of YOGANANDA meets the 1st and 3rd Tuesday of each month from 7:00 to 8:00 PM in the Meditation Pavilion. For more information, please call Rev. Sue MillerBorn at 530-221-7350.

RIVER OAK SANGHA MINDFULNESS MEDITATION GROUP (Buddhist) meets every Wednesday from 6:30 to 8:00 PM in the Meditation Pavilion. For more information, please visit www.mindfulredding.blogspot.com or call Alexa Singer-Telles at 246-8317.

CHAIR YOGA meets every Thursday and Friday from 11:00 AM to 12:30 PM in the Meditation Pavilion. For more information, please call Claire Bay at 1-908-337-5312.

MEDITATION CLASS meets every Thursday from 6:30 to 8:00 PM in the Meditation Pavilion. For more information, please call Rev. Pam Sanchez at 530-515-0347.

General Information

CONGREGATIONAL SUPPORT

Offers assistance with meals, etc., if you've been injured or are sick. For more information, please call Rev. Pam Sanchez at 515-0347.

ENDOWMENT FUND

To learn more about the Center's endowment fund or to ask questions about it, please contact Deb Black at 221-4326 or at dmbblack2515@att.net.

CENTERS for SPIRITUAL LIVING WORLDWIDE

Check out our parent organization's website, www.csl.org, for information about the many programs offered worldwide.

WORLD MINISTRY of PRAYER

Check out the prayer section of our parent organization: <http://www.csl.org/prayer-ministry>.

CENTER for SPIRITUAL LIVING, REDDING, WEBSITE:
<http://www.cslredding.org>

Affiliations

“FREE AT LAST” AA meets every Tuesday from 5:30 to 6:30 PM in the Social Hall. For more information, please call Larry W. at 530-245-0837.